



ISSUE 1 • JULY 2011 • QUARTERLY NEWSLETTER

MADULAMMOHO PULSE

Managing your money challenge

Client Services launches a *Prioritize Your Rent* campaign this month. For the next five months, tenants are invited to participate in mini competitions for a chance to win great prizes. This month's prize is a R350 Pick n Pay voucher. Tenants who pay their rent on time in July will be entered into a draw. The winner will be announced after all rent has been collected this month. To be eligible to win the grand prize in December, one month of FREE rent, tenants must pay their rent on time every month.

MONEY SENSE TIP

Examine the expenses in your family

Keep a record of your rent, doctor bills and grocery costs. Then, compare the total of these bills with the income of the household. Your expenses should not be more than the available income. If you are spending more money than you are making, make a list of the bills that are your top priorities. Rent should be at the top of your list. Put money aside to pay for the necessities. This includes items like rent, utilities and food.



Utilities Increase

With rising utility bills, we encourage tenants to take necessary steps to save energy and reduce electricity costs. Below are some tips to consider:

- Take shorter showers
- Use less water when taking a bath
- Report any hot water leaks to your house manager immediately

By working together to reduce energy use, we can help keep costs down.





"the heartbeat of affordable housing"

ISSUE 1 • JULY 2011 • QUARTERLY NEWSLETTER

MADULAMMOHO PULSE



Karate With Sensei Kiro

Thembalabo 'Kiro' Febana, B.G. Alexander House Manager, shares over 25 years of martial arts training by offering weekly karate classes to the community.

"Teaching martial arts is my way to give back to the community" explains Kiro. "The benefits are endless, from improving your health, to learning self-discipline and self-defense so that you can protect yourself and your family."

Classes are offered every Monday, Tuesday and Thursday evening to youth ages 7+ to seniors.

Junior level classes are from 17h00 to 18h00 and advanced level classes are from 17h00 to 19h00. For more information, please contact Madulammoho Housing Association at 011 725 3284.

Save the Date: Mandela Day on July 18

To honour South Africa's former president and the anti-apartheid hero Nelson Mandela we would like to bring the community together. We have three activities planned:

Empowering Children through Art

What does Mandela day mean to you? Please send us a painting, drawing, collage or writing piece that shows us how Nelson Mandela has inspired or touched your life.

Art pieces will be evaluated in two categories:

Under 10 years old and 10 to 17 year olds

Please drop off your entry at the Madulammoho Office. Make sure you put your name, age and address on the back. All art must be submitted by July 13. The top artist in each category will be awarded.

Afternoon Show

Tenants of all ages are invited to join us in watching the inspiring movie *Invictus*, at Hall 2 in B.G. Alexander on July 18 at 15h30. Light snacks will be provided.

Evening Show

Tenants are invited to join us in watching *Long Walk to Freedom*, at Hall 2 in B.G. Alexander on July 18 at 19h00. Light snacks and hot chocolate will be provided.



Need to contact us?

Client Services • Office hours • Monday to Friday

08h30 to 16h30 • Email: info@mh.org.za

Engage with us online: www.mh.org.za/

Become a fan on Facebook:

Madulammoho Housing Association

